

УДК 341.655:339.5

Norfariza binti Bawahi, student of International Medical Institute, Kursk State Medical University, Kursk , Russia .

e-mail: drizahelp05@gmail.com

Science tutor: Vlasova Olga Vladimirovna, head of Economics and Management department of Kursk State Medical University

EFFECTS OF ECONOMIC SANCTIONS ON THE INTERNATIONAL TRADE

Abstract: economic sanctions have become a common tool in foreign policy, often used to encourage a shift in behavior from targeted nations. This article delves into the complex effects of economic sanctions on international trade.

Keywords: economic sanctions, international trade

Норфариза бинти Бавахи, студентка Международного медицинского института Курского государственного медицинского университета, Курск, Россия.

электронная почта: drizahelp05@gmail.com

Научный руководитель: Власова Ольга Владимировна, и.о.заведующего кафедрой экономики и менеджмента ФГБОУ ВО «Курский государственный медицинский университет»

ВЛИЯНИЕ ЭКОНОМИЧЕСКИХ САНКЦИЙ НА МЕЖДУНАРОДНУЮ ТОРГОВЛЮ

Аннотация: экономические санкции стали распространенным инструментом внешней политики, часто используемым для поощрения изменения поведения стран, против которых они направлены. В этой статье

рассматриваются последствия экономических санкций для международной торговли.

Ключевые слова: экономические санкции, международная торговля

Economic sanctions work by limiting a targeted country's access to international markets, resources, and financial systems. From a trade-theoretical standpoint, these sanctions can diminish a country's comparative advantages, disrupt established trade agreements, and shift the balance of global trade. Additionally, they often provoke retaliatory measures from the targeted nation, which can further complicate existing trade relationships [1].

In this article, we'll explore how sanctions impact trade by examining the various mechanisms at play. We'll draw on established international trade theories, such as the gravity model—which explains how trade flows are influenced by the size and distance between countries—and concepts like supply chain dependency, which highlights the interconnectedness of global markets. By understanding these mechanisms, we can gain insight into the far-reaching effects of sanctions on trade and international relations.

After Russia's annexation of Crimea in 2014, a wave of sanctions was imposed that significantly disrupted the country's access to European markets, especially for its vital energy exports. This created a shift in Russia's trade partnerships, leading to a stronger focus on establishing relationships with Asian countries. As a result, Russia has sought to diversify its markets, changing the landscape of its economy and international trade connections [3].

Second case study is sanctions on Iran .In Iran, sanctions targeting the country's oil exports have had a profound impact, severely restricting its ability to engage with international markets. In response, Iran has had to get creative, exploring alternative methods of trade, such as barter systems and covert channels for transactions. These adjustments not only reflect the challenges posed by sanctions but also highlight how a country can adapt in the face of economic pressure.

These cases vividly illustrate how sanctions can fundamentally reshape trade flows, prompting countries to seek out alternative markets and partnerships. Rather than achieving the intended strategic goals, sanctions can sometimes backfire, leading to unintended consequences for the nations imposing them. For example, instead of isolating a country, sanctions may push it to strengthen ties with other nations, creating new alliances that challenge the original intent of the sanctions. This highlights the complex nature of global trade dynamics and serves as a reminder that efforts to exert pressure can sometimes lead to unexpected adaptations and responses from the targeted nations [2].

Last but not least in North Korea . North Korea is another country heavily affected by sanctions, but it has responded by developing informal trade networks, particularly with neighboring China. These underground channels have become essential for sustaining its economy, allowing North Korea to bypass traditional trade routes and maintain some level of economic activity despite international isolation. This case underscores the resilience and adaptability of nations facing extensive sanctions [9].

The impact of economic sanctions on global trade patterns is multifaceted and profound, often leading to significant changes in how countries interact economically with one another. When sanctions are imposed, they frequently result in the severing of established trade relations between the country imposing the sanctions and the targeted nation. This disruption not only affects the economies of the nations directly involved but also ripples through global markets, creating uncertainty and instability.

As targeted nations grapple with these restrictions, they often seek to diversify their supply chains. In doing so, they explore alternative suppliers and markets, which can give rise to new trade partnerships. For instance, countries facing sanctions may turn to emerging markets or strengthen ties with non-Western allies. This search for new trading opportunities can lead to a reconfiguration of global trade dynamics, as nations adapt to the new reality of their economic landscape [4].

However, these adjustments come with costs. The reorganization of supply chains often means inefficiencies that result in higher prices for goods and services.

For example, sanctions on technology exports to China have not only driven the country to bolster its domestic innovation but have also led to increased costs for businesses around the world that rely on Chinese manufacturing. With fewer options and a more fragmented supply chain, companies may find themselves paying a premium for goods, which ultimately affects consumers as well.

In pondering these impacts, it becomes clear that while sanctions are intended to exert pressure on specific nations, their effects are felt far beyond the borders of the countries involved. The intricate web of global trade is forever altered in the wake of such actions, reminding us of the interconnectedness of the world's economies. As nations work to navigate the challenges imposed by sanctions and find their footing in a shifting landscape, the lessons learned will shape the future of international trade for years to come [5].

The economic and political consequences of sanctions are intricate, weaving a complicated tapestry that affects nations on both sides of the equation. On one hand, for the countries directly targeted, sanctions can lead to a significant reduction in GDP, stifled foreign investment, and rising inflation. The impacts ripple through the economies of these nations, creating hardships for ordinary citizens who may find their purchasing power diminished as prices for essential goods climb [6].

Yet these far-reaching effects aren't limited to the countries bearing the brunt of the sanctions. Those imposing the restrictions often find themselves grappling with unintended repercussions as well. A notable example is the energy shortages faced by European countries as a result of sanctions on Russian gas. In their efforts to penalize one nation, these countries unwittingly placed themselves in a precarious position, facing economic challenges at home.

Politically, sanctions tend to create a realignment of alliances. Nations that find themselves isolated often turn to other non-participating countries for support, forging new partnerships in the process. This has been particularly evident in the strengthening ties between Russia and China amid Western sanctions. As traditional alliances shift and evolve, new geopolitical landscapes emerge, challenging existing power dynamics and leading to a reconfiguration of international relations. In this

complex interplay, the refrain of cause and effect reverberates throughout the global community, painting a picture of how interconnected the world truly is. The adjustments made by both targeted nations and those imposing sanctions illuminate a broader narrative of resilience and adaptation, underscoring the unpredictable nature of political and economic interactions in our ever-changing world [7].

The use of sanctions as a tool for foreign policy is fraught with challenges and criticisms that call into question their efficacy and ethical implications. One of the most pressing concerns revolves around the humanitarian impact of these measures. While they are often directed at political elites or specific sectors, the reality is that it is the ordinary civilians who typically bear the brunt of these actions. Essential goods become scarce, and basic services can deteriorate, leading to untold suffering among those who are least able to effect political change. The paradox of sanctions, which are meant to promote justice and change, often ends up harming the very people they are intended to help [8].

Moreover, the effectiveness of sanctions can be significantly undermined by the ingenuity of targeted nations. Faced with restrictions, these countries may develop alternative channels to circumvent the measures, such as black markets or new alliances with sympathetic nations. This ability to evade sanctions can render them less impactful, as the intended pressure dissipates when political and economic activities can continue through other means. The resilience of targeted nations in finding workarounds raises questions about the genuine effectiveness of sanctions as a tool of coercion.

The limited success of sanctions in achieving their political aims further complicates the narrative. Historical examples, such as Cuba's enduring resilience despite decades of U.S. embargoes, highlight the challenges of enacting lasting change through economic pressure alone. Cuba has managed to adapt and survive, sometimes even thriving amid isolation, which raises doubts about the fundamental premise that sanctions can effectively compel nations to alter their behavior in the desired way [2].

This intricate landscape reveals a complex reality where the imposition of sanctions, while well-intentioned, often leads to negative consequences that overshadow their intended goals. As critics point out, it is crucial to reassess this policy tool, taking into account not only the political objectives but also the humanitarian implications and the broader effectiveness within the delicate tapestry of international relations. In this evolving discourse, the need for more nuanced and compassionate approaches to achieving diplomatic ends remains more pressing than ever [9].

To improve the effectiveness of sanctions while mitigating their adverse consequences, several thoughtful policy recommendations can be considered.

First and foremost, the precision of sanctions needs to be significantly targeted. Rather than imposing sweeping measures that affect entire economies and ultimately hurt ordinary civilians, a more focused approach should concentrate on specific sectors or individuals responsible for objectionable actions. By honing in on the political elites, military enterprises, or particular industries, sanctions can maintain their intended pressure without causing undue suffering to the general populace who often bear the brunt of such economic restrictions [3].

Another critical recommendation is the necessity of international cooperation. The effectiveness of sanctions tends to increase when they are backed by a broad coalition of countries. Greater participation not only amplifies the impact on the targeted nation but also demonstrates a unified stance that underscores the legitimacy of the measures. Building consensus among international partners can create a more formidable front, thereby enhancing the prospects for achieving desired outcomes while minimizing any potential backlash against sanctioning countries.

In addition, implementing robust monitoring mechanisms is essential to ensure compliance and prevent evasion of sanctions. Establishing clear systems for oversight can help identify and address loopholes that might allow targeted nations to circumvent restrictions. This could involve increased collaboration with international organizations and intelligence-sharing among nations to track illicit activities. By

staying vigilant and adaptive, the enforcement of sanctions can be more effective in holding nations accountable for their actions [2].

By pursuing these recommendations—targeting sanctions more precisely, fostering greater international cooperation, and reinforcing monitoring mechanisms—we can strive to create a framework that maintains the integrity of foreign policy while safeguarding the well-being of civilian populations. Such an approach not only reflects a commitment to achieving political goals but also emphasizes the importance of compassion and responsibility in the realm of global diplomacy.

In conclusion, economic sanctions represent a powerful instrument in the arsenal of foreign policy; however, their implementation is fraught with complexities that can lead to significant disruptions in international trade and unintended consequences that ripple through global economic systems. While sanctions can exert pressure on targeted nations to change objectionable behaviors, it is imperative that they are applied thoughtfully to avoid exacerbating existing issues and creating additional challenges in the international arena [3].

To enhance their efficacy and minimize negative fallout, future sanction policies should prioritize precision, ensuring that measures are specifically tailored to impact those responsible for undesirable actions rather than harming civilians. Additionally, fostering international collaboration is essential. A unified global approach not only amplifies the pressure on the targeted entities but also affirms the collective commitment to uphold international norms and standards.

Moreover, the continuous evaluation of sanction effectiveness and its broader impact on trade and development is vital. By regularly assessing both intended and unintended consequences, policymakers can make informed adjustments that enhance the overall effectiveness of sanctions while safeguarding global economic stability. As the geopolitical landscape continues to evolve, it is critical for policymakers to adapt their strategies, balancing the need for accountability with an unwavering commitment to humanitarian principles. Only through carefully calibrated measures that acknowledge the interconnectedness of economies and the lives they affect can

sanctions fulfill their intended goals without compromising the broader fabric of international trade and cooperation.

References

1. Afesorgbor, S. K. (2019). The impact of economic sanctions on international trade: How do threatened sanctions compare with imposed sanctions? *European Journal of Political Economy*, 56, 11–26. <https://doi.org/10.1016/j.ejpoleco.2018.06.002>
2. Christie, E. (2015, July 13). Sanctions after Crimea: Have they worked? *NATO Review*. <https://www.nato.int/docu/review/articles/2015/07/13/sanctions-after-crimea-have-they-worked/index.html>
3. Early, B. R., & Spice, R. (2015). Economic Sanctions, International Institutions, and Sanctions Busters: When Does Institutionalized Cooperation Help Sanctioning Efforts? *Foreign Policy Analysis*, 11(3), 339–360. JSTOR. <https://doi.org/10.2307/24910807>
4. Filipenko, A., Bazhenova, O., & Stakanov, R. (2020). ECONOMIC SANCTIONS: THEORY, POLICY, MECHANISMS. *Baltic Journal of Economic Studies*, 6(2), 69–80. <https://doi.org/10.30525/2256-0742/2020-6-2-69-80>
5. Hastings, J. V. (2018). The Complex Relationship between Sanctions and North Korea's Illicit Trade. *Asia Policy*, 13(3), 28–34. <https://www.jstor.org/stable/26497786>
6. Katzman, K. (2010). *Iran Sanctions*. DIANE Publishing.
7. Meissner, K. L., & Mello, P. A. (2022). The unintended consequences of UN sanctions: A qualitative comparative analysis. *Contemporary Security Policy*, 43(2), 243–273. <https://doi.org/10.1080/13523260.2022.2059226>
8. Özdamar, Ö., & Shahin, E. (2021). Consequences of Economic Sanctions: The State of the Art and Paths Forward. *International Studies Review*, 23(4). <https://doi.org/10.1093/isr/viab029>
9. United Nations. (2022, February 7). Concerned by Unintended Negative Impact of Sanctions, Speakers in Security Council Urge Action to Better Protect

Civilians, Ensure Humanitarian Needs Are Met | UN Press. Press.un.org.

<https://press.un.org/en/2022/sc14788.doc.htm>